

Kent County Community Resources

Don't Know where to start Call 2-1-1

- ***Have diabetes?***

American Diabetes Association: PH: 1 800 342 2383

www.diabetes.org

- ***Have PAD (poor circulation)?***

PAD (Peripheral artery disease) Coalition: PH: 1 443 261 5564

www.vascularisease.org/padcoalition

- ***Have neuropathy (numb feet)?***

Peripheral Neuropathy: PH: 1 800 342 2383

www.diabetes.org

- ***Quitting Smoking?***

Advantage Health: PH: 616 252 1500

www.advantagehealth.net

www.metrohealth.org

1-877-QUIT- NOW (1-877-784-8669)

www.smokefree.gov

- **Weight Loss:** PH: 616 252 1500

www.advantagehealth.net

www.metrohealth.org

- **Kent County Health Department:** PH: 616 696 2150

Transportation for Kent County

- **Agency on Aging of Western Michigan:** PH: 1 888 456 5664

www.aaawm.org

- **Kent County Mental Health Substance Abuse:** PH: 616 336 3909

www.accesskent.com/health

Delivers substance abuse prevention programs and youth based activities.