

# **Barry County Community Resources**

**Don't Know where to start Call 2-1-1**

- ***Have diabetes?***  
**American Diabetes Association:** PH: 1800 342 2383  
[www.diabetes.org](http://www.diabetes.org)
- ***Have PAD (poor circulation)?***  
**PAD (Peripheral artery disease) Coalition:** PH: 1 443 261 5564  
[www.vascularisease.org/padcoalition](http://www.vascularisease.org/padcoalition)
- ***Have neuropathy (numb feet)?***  
**Peripheral Neuropathy:** PH: 1 800 342 2383  
[www.diabetes.org](http://www.diabetes.org)
- ***Quitting Smoking?***  
**Tabaco Coalition:** PH: 269 948 3134  
[www.pennockhealth.com](http://www.pennockhealth.com)  
1-877-QUIT- NOW (1-877-784-8669)  
[www.smokefree.gov](http://www.smokefree.gov)
- **Weight Loss:** PH:269 948 3139  
[www.pennockhealth.com](http://www.pennockhealth.com)
- **Barry Community Free Clinic:** PH: 269 948 4444  
Free non-emergency medical, dental care, and low cost or no cost medications to low income and uninsured adult individuals 18 and older.
- **Barry County Transit:** PH: 269 948 8098  
Public transportation in Barry County
- **Commission on Aging:** PH: 269 948 4856  
Meals on wheels, in home series and Kinship care.
- **Mental Health and Substance abuse:** PH: 269 948 8041  
Delivers substance abuse prevention programs and youth based activities.